Anderton Centre
Outdoor Learning & Activities

The Douglas Bader Foundation Update - August 2023

We are excited to share some recent updates on the activities and initiatives undertaken by The Anderton Centre. Thanks to your generous contributions, we continue to make a positive impact on the lives of individuals with physical and mental differences.



The Anderton Centre, has made significant strides in enabling water-based and sailing experiences for SEND schools and individuals with physical or mental differences. The grant provided by The Douglas Bader Foundation has been instrumental in expanding their provision of inclusive activities.

The Anderton Centre has enhanced its offerings of water-based activities, including sailing, boating, and water sports, catering to the unique needs of SEND schools and participants with disabilities. The accessible facilities and specialised equipment provided through the grant have made it possible for children and adults with physical or mental differences to engage in these experiences comfortably and safely.



The grant has allowed us to subsidise visits for the Birtenshaw Group Participants, a respected organisation that supports individuals with special educational needs and disabilities. Through the disability water sports club, participants from the Birtenshaw Group have been able to partake in various water-based activities, promoting inclusion, camaraderie, and fun.

The impact of this initiative has been truly heart-warming. The participants have expressed a tremendous sense of joy, empowerment, and increased confidence as they interact with others, enjoy the outdoors and embrace new challenges. The opportunity to participate in these activities has provided a platform for personal growth and skill development, fostering a greater sense of belonging within the community.

Moreover, the water-based experiences have not only contributed to physical fitness and recreation but have also served as therapeutic outlets, positively impacting mental well-being and emotional resilience. Families and educators have noted remarkable improvements in the participants' self-esteem and social skills.

Check out Jack's Powerboating Experience.

https://www.youtube.com/watch?v=zs--H5aj-bE

As we move forward, I am very excited to learn The Douglas Bader Foundation remains committed to our vision of a world where disability is not a limitation but an opportunity for individuals to thrive. Together, we can continue to create positive change and empower those with physical or mental differences.

David Germain

CEO
Anderton Centre